# Impact of Self-Directed Learning and Educational Technology Readiness on Synchronous E-Learning

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# ABSTRACT

COVID-19 has had severe global impacts in many aspects of education. Asian countries and regions were the first to move entirely online. The aim of this paper is two-fold. First, this study investigates the correlations in order to understand the compound effects on presences in the participating synchronous learning environments. Second, this paper provides empirical evidence and insights for educators on the future trends of learning and instructional strategy in online teaching. This study investigated students' perceptions of synchronous e-learning during the COVID-19 pandemic for the better design of the e-learning teaching pedagogy and determines how the key factors of e-learning perception are inter-correlated. The study has important implications on student readiness in educational technology, which is critical to implementing online learning.

### **KEYWORDS**

COVID-19 Pandemic, E-Learning, Self-Directed Learning, Students' Perception, Synchronous Learning, Technology Readiness

### **1. INTRODUCTION**

As the pandemic has shut down the physical world, there is a general assumption that the digital world will step in to fill the gap. It is unavoidable that the higher education sector must respond to the pandemic by introducing more online components or transiting to the complete online mode. Asian countries and regions have rapidly moved completely online since the epidemic started worldwide. Courses with online teaching and learning have been offered in Hong Kong universities since late January 2020, at the beginning of the outbreak. This study was carried out in response to the global COVID-19 pandemic, which forced universities to change from face-to-face (FTF) learning to synchronous learning.

Online learning is an alternative to classroom teaching by engaging technology and facilitating learning environments online (Rovai and Jordan, 2004). With the mostly autonomous structure, the online curriculum offers students more flexibility in deciding how and time for participation (Milligan and Littlejohn, 2014). There are various approaches to adopting the latest computer technologies to

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support students' online learning, including MOOC, problem-based learning (Mo & Tang, 2107), blended learning, flipped classroom, and mobile learning (Tang & Yu, 2018). However, many students are overwhelmed by these new learning technologies and the one thing in common that they support mainly asynchronous learning. Despite synchronous and asynchronous learning being used by educators for many years (Francescucci & Rohani, 2019), the adoption of synchronous learning increased dramatically during the pandemic, as it was the only way to continue delivering classes during the COVID-19 outbreak.

Synchronous learning refers to online or distance education in real-time and students participate in scheduled classes as they did in normal FTF learning. Unlike normal learning, synchronous learning requires students to log in and participate online (Mehri & Uplane, 2015; Hrastinski, 2008). In contrast, asynchronous learning adopts computers or mobile devices to facilitate the sharing of online learning resources and information and promote peer-to-peer communications and interactions. Asynchronous online learning eliminates spatial constraints to enable students to learn anytime and anywhere. For instance, Holenko et al. (2020) adopted synchronous mobile computer-supported technology for supporting collaborative student learning. Martin & Parker (2014) used virtual classrooms to allow communication between students and educators synchronously, with the classroom providing several key functions, including audio, video, chatbox, whiteboard, information sharing, etc.

Despite both synchronous and asynchronous learning approaches being implemented for students' online learning, synchronous learning has been more widely adopted in Asian countries and regions during the COVID-19 pandemic. The approaches require student self-participation and study to facilitate learning, unlike regular education. Although there are various computer technologies to support synchronous learning, the effects of computer-assisted technology on students' perception of participating in online synchronous learning, especially during the COVID-19 pandemic, still need to be investigated.

This paper explores the correlations between learning attributes in student motivation, selfdirected learning, and readiness in using technologies to assist in online learning and their combined effects on the perceived synchronous learning environment. Furthermore, considering the pandemic situation due to the coronavirus outbreak since early 2020, this study aims to give empirical evidence and insights for educators for future trends in learning and instructional strategies in online teaching. This study has two major impacts: (1) the study is significant to the education sector in the design and development of new teaching pedagogies for students to participate in online learning; (2) the study is significant to the supporting industries in the design and development of teaching and learning materials such as STEM tools, books, etc., as well as the equipment and software for supporting online learning. Lastly, some of the latest technologies that can be used to support further teaching and training activities are investigated in the discussion section.

### 2. LITERATURE REVIEW

### 2.1. Online Learning Technologies

Nowadays, due to the era of digital technologies and the popularity of mobile devices, the need for online learning is exponentially increasing. On the other hand, the Massive Open Online Course (MOOC) (You, 2019) and eLearning have become hugely popular due to their higher flexibility, convenience, and focus on the need of individual learners compared with traditional face-to-face courses (Bolsen, 2016). Resources for Online Learning include electronic materials, videos, recorded lectures, quizzes, discussion forums, live teaching, etc. (Jelfs, 2013).

Many different technologies and tools exist for supporting online teaching and learning, such as virtual reality (VR), artificial intelligence (AI), Internet of Things (IoT), learning management system (LMS), cloud computing, etc. (Qurat-ul-Ain, 2019). Learning technologies, online learning platforms enable the effective transition of learning activities to support asynchronous and cooperative learning.

Effective facilitation for online learning is necessary as students always look for feedback like they used to receive in a face-to-face class setting (Vanslambrouck et al., 2018). Tang et al. (2018 and 2020) adopted mixed reality (MR) for teaching product design in higher education. Liu et al. (2019) compared the augmented reality (AR) with physical experiments for product innovation. The use of VR/AR/MR is not the only technology that can enhance students' motivation and effectiveness. Pervez et al. (2018) investigated the role of the Internet of Things Technologies in higher education. Different e-learning approaches and the impact of the Internet of Things and big data analytics applied to the e-learning area are reviewed in Kusuma & Viswanath (2018). The adoption of effective educational technology for online learning has been studied (Findik & Ozkan, 2013; Mtebe & Raisamo, 2014). However, it is challenging to design practical online courses, particularly in providing flexibility during teaching, facilitating motivation and enhancing students' learning process, and fostering effective learning (Boelens et al., 2017).

Different factors influence students' learning experience undertaking online learning compared with traditional teaching approaches (Vaughan, 2007; Tabor, 2007). Ni (2013) compared the effectiveness of conventional classroom teaching and students' online learning. Student's grading and the quality and quantity of interaction were measured. The quality of the interactions was measured based on the communication, and the degree of learner-centricity in the teaching and learning process (Baig, 2011). Online learning, particularly synchronous learning, very much relies on support from computer technologies. The effective adoption of internet technology components determines learning effectiveness (Garrison & Kanuka, 2004). Technology readiness is one of the measurement factors relating to student learning efficiency. Students nowadays are more familiar with using digital products, and the latest emergence of computer technologies enables the teaching to be conducted using multimedia materials and communications online (Prensky, 2001; Horton, 2006). Studies have been carried out on understanding the determinant factors of online learning (Liu & Carlsson 2010; Wang & Wang 2009). These factors include the readiness of e-learning, which refers to the intention of using new technologies for participating in learning (Parasuraman, 2000; Piskurich, 2003; Moftakhari, 2013). However, the student technology efficacy and readiness in e-learning motivation and perception, particularly in synchronous teaching mode, have seldom been studied. This further information and investigation are important bases for educators to decide on the strategy and pedagogy for e-learning.

# 2.2. Synchronous Learning

Online learning or synchronous learning is an alternative to classroom teaching by engaging technology and facilitative learning environments online (Rovai and Jordan, 2004; Law, 2019, Law et al., 2019). The online curriculum offers students a high level of flexibility in learning engagement (Milligan and Littlejohn, 2014). However, this requires self-monitoring and awareness of their responsibility in the learning process (Zimmerman, 2000). A self-directed student can proactively engage in the learning processes (Phalaunnaphat, 2015; Yilmaz, 2016). The three co-existing presences in the Community of Inquiry (CoI) theoretical framework represents a process of creating social and intellectual interactions, and meaningful learning experience. These presences, social, cognitive, and teaching, promote the interactions of participants with the teaching materials (Garrison & Cleveland-Innes, 2005; Annand, 2011). Among these presences, social presence and teaching presence are often used to assess students' learning experience and effectiveness. However, research on explaining the impact of technologyenhanced learning and its learning outcome is still limited (Gulek and Demirtas, 2005; Sana, Weston, and Cepeda, 2013). Hence, it is worthwhile to explore their technology readiness and individual attributes, such as motivation and academic performance in the synchronous learning context.

### 2.2.1. Perception of Learning Presences

Regarding learning effectiveness, to be specific, student performance factors such as motivation and other individual learning presences are considered in many studies. Student learning presences such as social presence and teaching presence are tightly interconnected (Shea et al., 2010). Student perceptions of social presence and teaching presence, according to the CoI theory, reveal the learning experience of students (Richardson et al., 2012). Social presence refers to the capacity of learners to present themselves with individual characteristics and their ability to help form personal relationships (Wei et al., 2012). It is defined as the student's communication and social abilities and describes the sense of physical and relational closeness during communication (Short et al., 1976).

Teaching presence affects the design, facilitation, and direction of cognitive and social processes to realize personally meaningful and educationally worthwhile learning outcomes (Kim & Song, 2021). Teaching presence drives the student to actively think and engage, whereas social presence refers to learners' social and emotional behaviour (Hwang and Arbaugh, 2006). However, the interrelationship between social presence and teaching presence has not been considered in a purely online learning setting, and therefore, requires further exploration.

The theory of planned behaviour (TPB) and the social cognitive theory (SCT) indicate that technology readiness and self-directed learning motivate students to behave according to different perceptions and learning experiences (Ajzen, 1991; Compeau & Higgins, 1995). On the other hand, students' directed learning relates to motivation in learning independently, a sense of responsibility, and the initiative in learning (Broadbent, 2017; Geng et al., 2019).

### 2.2.2. Self-Directed Learning

Self-directed learning (SDL) refers to learners' direct understanding of the knowledge and setting goals (Gilbert & Driscoll, 2002; Lee & Teo, 2010; Geng et al., 2019). SDL contributes to the adoption of e-learning and collaborative learning (Lee et al., 2014). Studies on self-directed learning with technology (SDLT) revealed that collaborative learning could enhance a student's SDL. It was also revealed that learners skilled at SDL engaged in learning more frequently (Kizilcec et al., 2017).

### 2.2.3. Learning Motivation

The learning motivation of a student involves two significant concepts: intrinsic and extrinsic motivation. Intrinsic motivation is the enjoyment of the engaged task or a sense of fulfilment an individual acquires from engaging in an activity dealing with interest and curiosity. Intrinsic motivation usually encourages a student to voluntarily perform a task without rewards (Amirkhanova et al., 2016). In contrast, extrinsic motivation refers to the student's willingness and motivation to achieve a task or a goal with external benefits or rewards (Riswanto & Aryani, 2017). Students' learning motivation is particularly important to drive their presence in class and a willingness to participate and interact in class, while students with no strong motivation of learning are likely to learn very little in class and generally feel the class activities are painful and frustrating (Filogna et al., 2020).

# 2.2.4. Technology Readiness

Technology readiness relates to the willingness to apply new technologies, which vary between individuals (Parasuraman, 2000). Technology readiness usually refers to computer-assisted technologies such as VR, 3D printing (Mo & Tang, 2017), AI, as well as the use of other learning platforms, including zoom, MS Teams, LMS, etc. Technology not only enables information to be shared between peers and educators, but it is also essential for effective communication in distance education (Faisal & Kisman, 2020). Therefore, it is essential to investigate student perception of teaching and learning, particularly online learning, as it affects students' abilities in effective individual and group communication, access and sharing of materials, etc. (Tang et al., 2021). The Technology Readiness Index (TRI), consisting of 28 items, was developed for measuring technology readiness (Parasuraman, 2000). These 28 items are clustered into four categories, reflecting the individual attitude toward the acceptance of the latest technologies in their learning process.

# 2.3. Research Questions

The coronavirus outbreak offers an unprecedented opportunity for online learning. It is inevitable for universities to transition from different modes of learning to online learning. Under the current situation, it is obvious that students learning is affected by external effects. Therefore, this research is based on the theory on the behaviourism learning theory that how a student behaves in the physical and virtual classes is based on environmental factors (Bryant et al., 2013). Certain external factors influence student's behaviours in their learning. At the same time, it is believed that the coronavirus outbreak is the external force that pushes students' learning motivation, self-directed learning, as well as their technology readiness.

Online teaching and learning are believed to become a new norm of many universities and schools globally. Despite previous research that has been conducted to investigate the online teaching and learning pedagogy, the existing research is not dealing with the entire shift of normal face-to-face class teaching to the synchronous mode of teaching. It is valuable to explore how this external factor (i.e., pandemic situation) affects students learning attitude and learning attitudes. The exploration of the impacts of SDL and technological readiness on the perceptions of learning presence is crucial in understanding student behaviour in an online learning environment. Therefore, this study poses the following research question (RQ): Are self-directed learning (SDL) and technology readiness the critical determinants influencing learning in an online setting?

# 3. METHODOLOGY

# 3.1. Research Hypotheses

A proposed hypothesised model is shown in Figure 1 to illustrate the relationships between SDL, motivation, readiness in technology, and student's perception of online learning.

### 3.1.1. Impacts of SDL

Self-directed learners impose significant repercussions in learning effectiveness, as they proactively engage in the learning process (Tullis & Benjamin, 2011). Vibrant online learning content enables students to have greater flexibility and opportunity to adopt SDL (Geng et al., 2019). Self-directed learners usually have more initiative to participate in online learning, with higher definite intentions to achieve learning goals. The role of self-directed learning was revealed to have a positive relationship with the Community of Inquiry (CoI) framework (Garrison & Akyol, 2013). In addition, SDL is related to self-motivation to enhance learning by adopting different strategies to achieve study goals (Khalid et al., 2020). Hence, we hypothesise that:

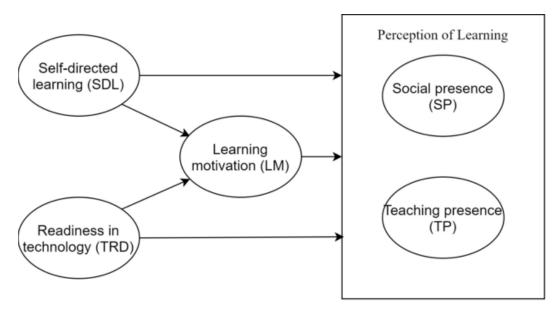
H1. Self-directed learning (SDL) positively impacts on the perception of learning presences H2. Self-directed learning (SDL) positively impacts on learning motivation (LM)

### 3.1.2. Technology readiness

Technology readiness is usually influenced by users motivation in the adoption of service, particularly in the online market and other smart services (Chang & Chen, 2021). Students with higher technology readiness levels are more willing to participate in online learning (Parasuraman & Colby, 2015; Geng et al., 2019). Student perceptions of learning technologies reflect their technology readiness and influence the intention and motivation to positively adopt online learning and outcomes (Cheon et al., 2012; Hong et al., 2014). Therefore, we hypothesise that:

H3. Technology readiness (TRD) of students positively impacts on the perception of learning presence H4. Technology readiness (TRD) of students positively influences the learning motivation (LM)

#### Figure 1. Conceptual model



### 3.1.3. Impacts of learning motivation

Students who have stronger motivation in online learning are more likely to possess online learning material (Law et al., 2010), which significantly affects the learning effectiveness. However, the relationships between learning motivation, self-directed learning, and technology readiness in the online learning context have not been sufficiently explored. Motivation is a goal-directed activity essential in both online and face-to-face learning (Fredricks et al., 2004; Law et al., 2017). According to Tan (2021), learning motivation shows a strong correlation among three constructs of the community of inquiry and performance. Furthermore, Law et al. (2019) suggest that student enrolment and motivation are positively related to the effects of social, teaching, and cognitive presence in a blended learning environment. Therefore, we hypothesise that:

H5. Learning motivation (LM) of students positively impacts on the learning presences

### 3.2 Data Collection

Online learning courses were offered in universities in Hong Kong, during the outbreak of COVID-19, in late January 2020. Three institutes in the Hong Kong higher education sector, covering six subjects participated in this study. The survey was conducted 2-3 weeks after the commencement of online teaching so that students could have sufficient time to experience online learning and provide quality feedback to the study. The survey was distributed to the students during breaks or after the lesson. Students participated in the study voluntarily, and informed consent was obtained.

### 3.3 Instrument

A questionnaire that consisted of two parts concerning previous studies was employed as the instrument of data collection. A 5 point Likert scale was used for measurement. The first part contains four components (corresponding to the factors of the model shown in Figure 1). In total, there were 44 questions used in this study, in which 8 questions were used to determine learning motivation and technology readiness scales, and 10 questions were used to measure the self-directed learning scale. The learning presences consist of 10 questions for measuring the social presence and teaching presence:

- 1) Learning motivation scale (Tang et al., 2021; Geng et al., 2019)
- 2) *SDL with the support of technology* (Tang et al., 2021; Geng et al., 2019; Lee et al., 2014) for measuring the perception of self-directed learning supported by technology.
- 3) *Students' technological readiness in a learning platform* (Tang et al., 2021; Parasuraman & Colby, 2015), the propensity to adopt new technologies in learning (Geng et al., 2019).
- 4) *Modified learning presence*, based on the CoI instrument identifying teaching presence, social presence in a learning environment (Tang et al., 2021; Law et al., 2019a; Geng et al., 2019).

The second part concerned the respondent's particulars. A pilot study was also performed among a group of university lecturers offering synchronous courses during the COVID-19 outbreak in Hong Kong, to confirm the validity of the questionnaire.

# 3.4. Measurement Model Estimation

Statistical analysis of the proposed model was performed by using Partial Least Squares (PLS) (Henseler & Sarstedt, 2013) (Figure 1). The Cronbach's reliability and Average Variance Extracted (AVE) were then used to verify the measurement variables in the hypothesized model. For all variables, the Cronbach's reliability and the AVE values of over 0.70 (Sanchez, 2013) and above 0.40 (Tang, 2021) were used as the acceptable values respectively. The factor loading results higher than 0.6 were required. On the other hand, the square root of the AVE for each measurement item larger than its correlation with another variable was used to validate the discriminant validity condition (Chin 1998).

# 4. RESULTS

# 4.1. Demographics information

In this study, 500 engineering students from three universities were invited to participate in the survey study, and a total of 372 valid samples were returned. The demographic details of the collected survey are illustrated in Table 1. There were 43.54% males and 56.46% females who participated in synchronous learning, in which over 90% of them were aged 24 or below. There were 29.30% of students studying at the master's degree level, while 28.49% and 42.20% were studying at the undergraduate's degree and sub-degree levels. Interestingly, even though many students were studying at the master's degree level. The results obtained from One-way ANOVA revealed that the parameter gender groups do not show a significant difference.

# 4.2. Reliability and Convergency Tests

As illustrated in Table 2, the Cronbach's reliability and the AVE values for all variables were over 0.70 and above the acceptable value of 0.40 respectively. Therefore, the measurement dimensions fulfilled the requirements in both the reliability and validity tests.

Table 3 presents the factor loadings results, which show convergent validity of higher than 0.6. On the other hand, the square root of the AVE for each measurement item was larger than its correlation with another variable, so the discriminant validity condition was fulfilled (Table 4) (Chin 1998). Based on the results in table 4, it was revealed that the measurement variables showed a high positive correlation between each other at the significance level of 0.01.

# 4.3. Surveyed Items

The overall descriptive results of the 5 measurement variables are illustrated in Table 5. The results showed that the mean scores were between 3.29 to 3.59, where learning motivation, technology

		Total
Gender	Male	162
	Female	210
Age	24 or below	336
	Above 24	36
Degree	Master or above	109
	Undergraduate	106
	Sub-degree	157
Total		372

readiness, and teaching presence showed a higher score than social presence and self-directed learning in general.

Independent sample t-testing was carried out to investigate the difference between the gender groups. The results illustrated in Table 6 show that only technology readiness and learning motivation had a significant difference at the level of 0.05 between males and females.

### 4.4. PLS Path Modelling

The relationship between each measurement variable and item and the research model are presented in Figures 2 and 3, graphically. The corresponding statistical analysis with both direct and indirect relationships was determined and is presented in Table 7. All path coefficients between the measurement variables were positive, indicating that each connected factor was positively related.

The PLS path modelling may not able to demonstrate a global fit model (Hair et al. 2017; Chin 1998), so the model was statistically analyzed by using the Standardised Root Mean Square Residual (SRMR), where a value of less than 0.10 is considered as a statistically good model (Hair et al., 2017). Another measurement for the statistically fit model proposed in the SEM literature is the normed fit index (Bentler and Bonett, 1980). It computes the Chi-squared value of the hypothetical model by using the NFI. The NFI values were between 0 and 1, where a value closer to 1 indicates a better fit of the model and values > 0.9 indicates an acceptable fit of the model.

Latent variable	Cronbach's Alpha	Cronbach's Alpha if Item Deleted	Composite Reliability	Average Variance Extracted
Learning Motivation (LM)	0.835	0.889	0.911	0.671
Self-Directed Learning (SDL)	0.725	0.911	0.822	0.481
Technology Readiness (TRD)	0.758	0.905	0.777	0.538
Social Presence (SP)	0.794	0.897	0. 839	0.568
Teaching Presence (TP)	0.825	0.891	0.848	0.651

Table 2. The reliability of each measurement dimensions

#### Table 3. The Principal factor analysis

Latent Variable	Items for Each Variable	Factor loadings
Learning Motivation (LM)	LM1	.669
	LM2	.677
	LM3	.677
	LM4	.620
	LM5	.685
Self-Directed Learning (SDL)	SD2	.783
	SD3	.808
	SD4	.631
	SD5	.647
	SD8	.654
Technology Readiness (TRD)	TRD1	.705
	TRD2	.687
	TRD3	.603
Social Presence (SP)	SP2	.778
	SP4	.683
	SP6	.675
	TP5	.600
Teaching Presence (TP)	TP1	.633
	TP2	.613
	CP7	.623

#### Table 4. Correlation between each measurement dimensions

	Learning motivation (LM)	Self-directed learning readiness (SDL)	Social presence (SP)	Teaching presence (TP)
Self-directed learning (SDL)	0.666**			
Social presence (SP)	0.735**	0.634**		
Teaching presence (TP)	0.759**	0.648**	0.772**	
Technology readiness (TRD)	0.729**	0.627**	0.634**	0.681**

\*\* Correlation is significant at 0.01 level (2-tailed)

### 4.5. Summary of Hypotheses

This study presented several major constructs of the research model, including the learning motivation, self-directed learning, technology readiness, social presence, teaching presence. The definition of each construct is summarized in Table 8.

The summary of the hypothesised relationships is shown in Table 9. Although the social presence was not included in the model, most of the hypotheses were justified.

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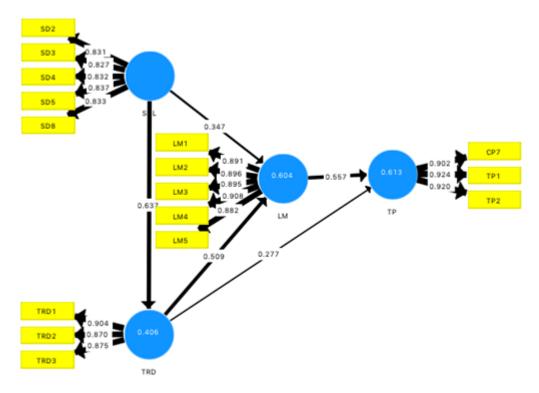
#### Table 5. Statistics of 5 measurement variables

	Mean Score	S.D.
Learning motivation	3.51	0.812
Self-directed learning	3.31	0.742
Technology readiness	3.59	0.801
Social presence	3.29	0.809
Teaching presence	3.50	0.794

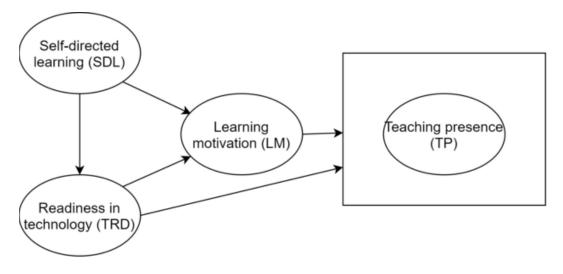
### Table 6. Statistical comparison of gender group mean score

Variable	Mean		Mean	F-value	
variable	Male	Female	Difference.	<i>r</i> -value	<i>p</i> -value
Self-directed learning	3.30	3.33	0.269	5.13	0.729
Technology readiness	3.50	3.67	0.165	11.00	0.049*
Social presence	3.24	3.34	0.965	1.75	0.262
Teaching presence	3.42	3.57	0.149	3.68	0.074
Learning motivation	3.42	3.59	0.168	4.74	0.047*
*** p<0.001, ** p<0.010, *p<0.050, ns = not significant					

### Figure 2. PLS result



#### Figure 3. The research model based on the PLS result



#### Table 7. Structural path coefficients

	Teaching presence (T.P.)			Learning motivation (L.M.)		
	Direct	Indirect	Total effect	Direct	Indirect	Total effect
Learning motivation (L.M.)	0.557***		0.557			
Self-directed learning readiness (S.D.L.)		0.551**	0.551	0.347***	0.324**	0.671
Technology readiness (T.R.D.)	0.277***	0.284**	0.561	0.509*		0.509

#### Table 8. Summary on the definitions of the research items

Items	Definition
Learning Motivation (LM)	Students' learning motivation and a willingness to participate and interact in class
Self-Directed Learning (SDL)	Students' intention to direct themselves to understand the knowledge and to set goals.
Technology Readiness (TRD)	Students' abilities in effective individual and group communication, access and sharing of materials, etc. using technologies.
Social Presence (SP)	Learners' social and emotional behaviour in classes.
Teaching Presence (TP)	The drives of students to actively think and engage.

#### Table 9. Hypotheses testing results

Hypotheses	
H1. Self-directed learning (SDL) positively impacts on the perception of learning presences	
H1a. Self-directed learning (SDL) positively impacts on the teaching presence	justified
H1b. Self-directed learning (SDL) positively impacts on the social presence	Not justified
H2. Self-directed learning (SDL) positively impacts on the learning motivation	Justified
H3. Technology readiness (TRD) of students positively impacts the perception of learning presence	
H3a. Technology readiness positively impacts on the teaching presence	Justified
H3b. Technology readiness positively impacts on the social presence	Not justified
H4. Technology readiness (TRD) of students positively influences the learning motivation (LM)	Justified
H5. Learning motivation (LM) of students positively impacts on the learning presences	
H5a. Learning motivation positively impacts on the teaching presence	Justified
H5b. Learning motivation positively impacts on the social presence	Not justified

# 5. DISCUSSION

The structural model reveals the interrelationships between the learning attributes and the learning presence (teaching). Based on the statistical analysis, it is shown that self-directed learning, learning motivation, and technology readiness are critical in determining online learning success and have an important implication on how online learning can be further enhanced for different purposes in educational settings. However, social presence was not affected by learning motivation, self-directed learning, and technology. Instead, it is argued that social presence is usually influenced by other factors such as media characteristics, income, synchronicity, participant experience, etc. (Handke et al, 2018).

### 5.1. The Teaching Presence

From the hypothetical model in Figure 2, learning motivation positively enhances teaching presence. Therefore, H5 is justified. In the online setting, which is supported by learning technologies, and the roles of the instructors are suppressed by the advanced learning features provided in the online learning platform. Thus, the effects of teaching presence were weakened in the perception of learning.

The results from the PLS model reveal that social presence does not participate in the model, while teaching presence does. Therefore, H1b and H3b are not justified. This can be explained that the online learning situation has substituted the physical presence of teachers, and students perceived a sufficient amount of teaching presence under the technology-supported learning environment. In other words, the existence of social presence does not significantly contribute to learning motivation.

### 5.2. Attributes Determining Learning Effectiveness

### 5.2.1. Self-Directed Learning, Learning Motivation, and Readiness of Technology

The results suggest that the SDL, TRD, and LM are crucial to the learning effectiveness and TP. Therefore, H1, H3, and H5 are justified. SDL and TRD are critical pre-requisites for motivating students to learn.

# 5.2.2. Learning Motivation and Teaching Presence

The learning motivation (LM) significantly affects the perceived teaching presence (TP), with a direct effect of 0.557, while LM is also affected by SDL and TRD. The results imply that both SDL and TRD contribute to LM, which in return, impacts the perceived teaching presence (TP).

# 5.2.3. Technology Readiness and Teaching Presence

It is also interesting to see from the results that technology readiness imposes a significant and robust effect on teaching presence (TP), alongside its impact on learning motivation (LM). Online learning is much relevant on technology-enhanced facilitation, with which students could have the sense of the teaching presence.

# 5.3. Technologies for Education Industry

Due to the COVID-19 pandemic, the mode of e-learning has undergone a new revolution with the use of virtual reality (Tang et al., 2021), mixed reality (Tang et al., 2018; 2020), as well as other latest technologies for teaching and learning. Further, the development of tools to facilitate communication, sharing, and management is also important to the education sector. For instance, recent blockchain technology can be used for authentication and authorization of a system (Esposito et al., 2021) and enhance the traceability and trackability of the system to enhance management (Ho et al., 2021). On the other hand, other advanced technologies such as the IoT-based system and cloud computing can be used for data processing and providing and sharing of teaching materials and management (Al-Qerem et al., 2020; Youssef et al., 2018). Furthermore, the latest AI technology can be used for data mining (Li et al., 2019) to investigate student learning patterns to determine the appropriate teaching pedagogy to students participating in e-learning.

# 6. CONCLUSIONS

This study revealed the impacts of online learning effectiveness based on self-directed learning, technology readiness, and students' learning motivation. Despite the impacts of various factors being widely studied, student readiness in motivating e-learning motivation and perception, particularly in a synchronous mode of teaching, is still in its infancy. This study adds value to the intervention of discovering how the individual self-directed learning affects technology readiness so as to affect their learning motivation and studying perceptions. This study also investigated the effects of technology in student learning under the COVID-19 pandemic by investigating the path models among various e-learning factors.

In summary, synchronous learning is a plausible arrangement under exceptional circumstances during the pandemic. According to our study, to ensure effective learning, both students' self-directedness and technology readiness are crucial and are the most significant actors in learning motivation. The existence of social presence in the online learning setting may not be the key actor in driving students to learn proactively, whereas the teaching presence, as perceived by students, does significantly. The experience of offering online courses on such a 'blanket' scale is unprecedented. Though our study may not yet be large enough for conclusive evidence, the results provide important insights for online course developers or educators on what and how to put together an online course.

# 6.1. Implications of the Study

The research investigated student perception of self-directed learning and their readiness in computer technology to support synchronous learning that is important to synchronous learning. It was revealed that students' self-directed learning and their technology readiness positively influence their perception of synchronous learning. Unlike regular FTF learning, students have to have the initiative to participate in online classes and adopt the latest computer technologies to assist in distance learning. Therefore,

this research has important implications not only in providing fundamental research in synchronous supported learning by determining the roles of self-directed learning and technology readiness, but is also important in determining future research directions for the successful implementation of future synchronous learning. In the emerging internet of things (IoT) era, it is still important to further investigate the essential computer-assisted technologies, especially using mobile and IoT devices, to promote student learning effectively online. On the other hand, more studies should be focused on the design and settings of such technologies and investigate the underlying features and functions provided by the computer technology for effective synchronous learning should be conducted in the future.

# 6.2. Significance of the Study

This study investigated how the students' behavioural factors during the pandemic affect their learning perception. The results have revealed that self-directed learning is important to affect their learning motivation and technology readiness. On the other hand, the factors affect teaching presence of their learning attitudes, while there is no significance in students' social presence in synchronous learning.

Therefore, the current investigation has important practical and managerial significance in explaining the existence of a relationship between variables and the real world. It arises from the result that self-directed learning is very important to once learning motivation and their readiness to adopt the latest online learning technologies for learning so as to affect their learning attitudes. It is due to the fact that online learning is difficult to be monitored by educators and encourage by peers. The results have revealed that encourage once self-learning is particularly important. Nevertheless, self-directed learning may not able to encourage once communication. Educators may need to consider other teaching pedagogies such as group-based learning and presentation to enhance their social presence managerially.

In practice, more actions should be taken in the future to encourage once self-directed learning. On the other hand, enhancing communications and connections between educators and peers during classes such as encouraging students to facilitate students' self-directed learning requires students to collaborate in group projects to encourage them to participate in social connections are important practically and managerially in a synchronous mode of teaching.

# 6.3. Limitation of the Study

The sample size in the current study was not large due to the limited number of online students amid the pandemic arrangements adopted at the pandemic outbreak. On the other hand, this is the first attempt for colleagues and universities to implement synchronous learning and limitations of resources, so additional information such as students' system statistics is not included in this study. We expect to further enhance the research for a long data collection period and to integrate students from different regions.

# ETHICAL STATEMENT

Approval was obtained from the ethics committee of the University. The procedures used in this study adhere to the tenets of the Declaration of Helsinki.

# **CONSENT STATEMENT**

Informed consent was obtained from all individual participants included in the study.

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